

4. NADKACZAWSKI BIEG Z HISTORIA

Wyniki OPEN

Data: 01.05.2025

Miejsce: Prochowice

Dystans: ok. 10 km

MSC	IMIĘ	NAZWISKO	NR	PLEĆ	MIASTO	KLUB	KAT/ WIEK	MSC / KAT	POMIAR 1	POMIAR 2	POMIAR 3	POMIAR 4	POMIAR 5	CZAS	CZAS NETTO
1	ŁUKASZ	GARLIŃSKI	133	M	WIELOWIEŚ	KB KROKUS KWIATKOWICE	M	1	00:05:37	00:11:17	00:16:56	00:22:40	00:28:28	00:34:24	00:34:23
2	KLAUDIUSZ	GÓRSKI	136	M	LEGNICA	KGHM ZG RUN LEGNICA	M	2	00:05:37	00:11:20	00:17:08	00:23:08	00:29:16	00:35:27	00:35:27
3	SZYMON	KUCA	147	M	ZŁOTORYJA	IKSY - XXXXX	M	3	00:05:44	00:11:40	00:17:45	00:24:01	00:30:29	00:37:16	00:37:15
4	KAMIL	DRZEWIECKI	129	M	ZŁOTORYJA LEGNICA	DRUŻYNA DOBREJ ENERGII	M	4	00:06:02	00:12:20	00:18:43	00:25:11	00:31:42	00:38:01	00:38:00
5	ELŻBIETA	KOWALEWSKA	146	K	ZGORZELEC	EDI TEAM ZGORZELEC	K	1	00:06:20	00:12:39	00:19:02	00:25:31	00:32:03	00:38:33	00:38:30
6	TOMASZ	MOCZEK	187	M	GŁOGÓW		M	5	00:05:57	00:12:04	00:18:24	00:24:40	00:32:36	00:39:15	00:39:14
7	KONRAD	NOWAK	158	M	ŚWIDNICA	FATTYFAT	M	6	00:06:15	00:12:45	00:19:25	00:26:07	00:32:48	00:39:22	00:39:17
8	ŁUKASZ	KULCZEWSKI	149	M	WROCŁAW	KB VAMOS AMIGOS WROCŁAW	M	7	00:06:27	00:13:04	00:19:56	00:26:51	00:33:43	00:40:35	00:40:32
9	DAMIAN	WALIDUNA	190	M	WIERZBNIK	KOTWICA BRZEG	M	8	00:06:38	00:13:24	00:20:20	00:27:23	00:34:20	00:41:16	00:41:15
10	ŁUKASZ	DĄBROWSKI	126	M	WIŃSKO	START ŚCINAWA	M	9	00:06:20	00:13:11	00:20:16	00:27:23	00:34:43	00:41:57	00:41:55
11	ARKADIUSZ	GOŁĘBIEWSKI	135	M	RACHÓW	KRISS COACHING	M	10	00:06:51	00:13:51	00:21:02	00:28:26	00:35:57	00:43:15	00:43:08
12	MICHAŁ	KOCHANOWSKI	144	M	WROCŁAW		M	11	00:06:25	00:13:22	00:20:43	00:28:15	00:35:57	00:43:23	00:43:21
13	TOMASZ	FABIAŃSKI	131	M	LEGNICA		M	12	00:06:51	00:13:54	00:21:17	00:28:52	00:36:25	00:43:40	00:43:38
14	PATRYK	KALICKI	141	M	KWIATKOWICE		M	13	00:06:27	00:13:14	00:20:20	00:27:27	00:36:58	00:43:43	00:43:40
15	RAFAŁ	DUDA	130	M	POLKOWICE		M	14	00:07:12	00:14:26	00:21:46	00:29:14	00:36:41	00:43:52	00:43:47
16	ROBERT	KĄŁUŻNY	142	M	JAWOR		M	15	00:06:52	00:13:51	00:20:59	00:28:26	00:36:10	00:43:57	00:43:53
17	TOMASZ	UPTAS	177	M	GŁOGÓW	UPTASKI TEAM	M	16	00:07:03	00:14:23	00:21:45	00:29:18	00:36:46	00:44:02	00:43:58
18	ANNA	WALIDUDA	179	K		BRAK	K	2	00:07:02	00:14:20	00:21:45	00:29:21	00:37:03	00:44:49	00:44:47
19	OLEKSII	YURCHENKO	182	M	LEGNICA	LEGNICA POKONUJE PRZESZKODY	M	17	00:06:50	00:14:15	00:21:53	00:29:46	00:37:43	00:45:15	00:45:14
20	MAREK	DRYBLAK	128	M	WROCŁAW		M	18	00:07:20	00:14:40	00:22:13	00:29:58	00:38:03	00:45:59	00:45:52
21	PIOTR	PODHAJNY	160	M	CHOJNÓW	ROZBIEGANI CHOJNÓW	M	19	00:07:52	00:15:27	00:23:07	00:30:58	00:38:56	00:46:49	00:46:42
22	KAMIL	KURPIŃSKI	150	M	PROCHOWICE		M	20	00:07:34	00:15:25	00:23:21	00:31:25	00:39:33	00:47:09	00:47:03
23	EDYTA	KURIATA	188	K	POLKOWICE		K	3	00:07:52	00:15:45	00:23:38	00:31:33	00:39:29	00:47:14	00:47:11
24	MAREK	MADEJ	151	M	RADOMIŁÓW	KLUB SPORTOWY SPRINT RUDNA	M	21	00:07:34	00:15:26	00:23:24	00:31:31	00:39:25	00:47:22	00:47:18
25	ALEKSANDRA	NIEWDANA	157	K	PROCHOWICE	KB KROKUS KWIATKOWICE	K	4	00:07:44	00:15:37	00:23:44	00:31:34	00:39:30	00:47:28	00:47:23
26	PATRYK	BOREK	123	M	PAWŁOWICE WIELKIE		M	22	00:07:26	00:15:14	00:23:16	00:31:21	00:39:27	00:47:34	00:47:30
27	WIESŁAW	REJEK	162	M	KROBIA		M	23	00:08:17	00:16:10	00:24:03	00:32:01	00:40:00	00:47:52	00:47:41
28	MATEUSZ	ŚLUSARZ	173	M	PROCHOWICE	KB KROKUS KWIATKOWICE	M	24	00:07:33	00:15:23	00:23:18	00:31:29	00:39:47	00:47:58	00:47:54
29	EDWARD	DROZDOWSKI	127	M	PROCHOWICE	KB KROKUS KWIATKOWICE	M	25	00:07:44	00:15:37	00:23:47	00:32:04	00:40:19	00:48:06	00:48:01
30	ADAM	KLUSEK	143	M	KUNICE		M	26	00:07:48	00:15:47	00:23:49	00:32:04	00:40:20	00:48:21	00:48:15
31	MIŁOSZ	SZABAT	171	M	PROCHOWICE	KB KROKUS KWIATKOWICE	M	27	00:07:27	00:15:34	00:23:46	00:32:06	00:40:17	00:48:22	00:48:19
32	MIROŚLAW	SZANIEWSKI	172	M	JELENIA GÓRA	BIEGAMDLAZDROWIA.PL	M	28	00:08:17	00:16:12	00:24:17	00:32:27	00:40:34	00:48:25	00:48:13
33	KRZYSZTOF	WALSKI	180	M	PROCHOWICE	KB KROKUS KWIATKOWICE	M	29	00:07:40	00:15:36	00:23:47	00:32:04	00:40:20	00:48:27	00:48:22
34	RADOSŁAW	BOŁOZ	185	M	PROCHOWICE	RAZEM DO METY	M	30	00:08:19	00:16:22	00:24:28	00:32:36	00:40:50	00:48:39	00:48:30
35	GRZEGORZ	KOSTYK	145	M	CHOJNÓW		M	31	00:07:59	00:16:02	00:24:17	00:32:44	00:41:07	00:49:27	00:49:21
36	ERYK	MARKS	153	M	WROCŁAW		M	32	00:08:00	00:15:50	00:23:56	00:32:26	00:40:57	00:49:29	00:49:19
37	PIOTR	GIELAROWSKI	134	M	MIŁOSNA	BRAK	M	33	00:08:15	00:16:04	00:24:32	00:33:15	00:41:41	00:50:00	00:49:53
38	MONIKA	RZĄSA	164	K	LEGNICA	FITNESS PIEKARY LEGNICA	K	5	00:07:59	00:16:07	00:24:31	00:33:11	00:41:55	00:50:05	00:50:00
39	MARTA	BLICHARSKA	122	K	LEGNICA		K	6	00:08:23	00:16:37	00:25:04	00:33:36	00:42:14	00:50:20	00:50:13
40	WIESŁAW	STACHOWIAK	168	M	WROCŁAW	SLOW & FURIOUS	M	34	00:08:17	00:16:41	00:25:16	00:34:05	00:43:09	00:52:23	00:52:14
41	KRZYSZTOF	PROŃKO	161	M	LEGNICA		M	35	00:08:38	00:17:07	00:25:41	00:34:28	00:43:28	00:52:23	00:52:16
42	HORACY	MIECIERZ	154	M	LEGNICA	ZABIEGANI Z 19-STKI	M	36	00:09:08	00:17:53	00:26:51	00:35:43	00:44:28	00:53:00	00:52:45

4. NADKACZAWSKI BIEG Z HISTORIA

Wyniki OPEN

Data: 01.05.2025

Miejsce: Prochowice

Dystans: ok. 10 km

MSC	IMIĘ	NAZWISKO	NR	PŁEĆ	MIASTO	KLUB	KAT/ WIEK	MSC / KAT	POMIAR 1	POMIAR 2	POMIAR 3	POMIAR 4	POMIAR 5	CZAS	CZAS NETTO
43	SEBASTIAN	MIECIERZ	155	M	LEGNICA	ZABIEGANI Z 19-STKI	M	37	00:09:08	00:17:52	00:26:50	00:35:42	00:44:27	00:53:08	00:52:54
44			191					1	00:09:18	00:17:53	00:26:30	00:35:26	00:44:36	00:54:05	00:53:58
45	IRENEUSZ	STANKIEWICZ	169	M	ŚCINAWA	START ŚCINAWA	M	38	00:09:12	00:18:14	00:27:17	00:36:23	00:45:30	00:54:58	00:54:50
46	KRZYSZTOF	KLICH	189	M	POLKOWICE		M	39	00:08:31	00:17:03	00:26:01	00:35:45	00:45:50	00:55:26	00:55:23
47	AUGUSTYN	FABJAŃSKI	132	M	WROCŁAW		M	40	00:08:38	00:17:47	00:27:13	00:36:44	00:46:22	00:55:52	00:55:46
48	ŁUKASZ	GRZYB	137	M	MALCZYCE		M	41	00:09:14	00:18:23	00:27:32	00:36:56	00:46:28	00:56:09	00:55:56
49	SŁAWOMIR	NOWICKI	159	M	LEGNICA	SPARTA LEGNICA	M	42	00:09:46	00:19:07	00:28:15	00:37:57	00:47:36	00:56:40	00:56:23
50	NORBERT	BRZĄKOWSKI	124	M	PROCHOWICE		M	43	00:09:44	00:19:22	00:29:04	00:39:00	00:48:09	00:56:47	00:56:31
51	BOGUSZ	SZABAT	170	M	PROCHOWICE		M	44	00:09:15	00:18:50	00:29:00	00:39:24	00:49:49	00:59:28	00:59:18
52	DARIUSZ	SLEZAK	165	M	PROCHOWICE		M	45	00:09:03	00:18:19	00:28:32	00:39:16	00:49:44	01:00:03	00:59:51
53	EWA	HOSZOWSKA	138	K	SPALONA		K	7	00:08:41	00:18:32	00:28:37	00:39:04	00:49:48	01:00:47	01:00:44
54	MATEUSZ	ZOMERFELD	192	M	PROCHOWICE	KB KROKUS KWIATKOWICE	M	46	00:09:45	00:19:22	00:29:04	00:39:50	00:50:25	01:01:09	01:00:52
55	WOJCIECH	JANOWSKI	139	M	WROCŁAW		M	47	00:09:12	00:19:02	00:29:24	00:40:18	00:51:46	01:03:01	01:02:52